



Practical Applications in Sports Medicine

Renaissance Palm Springs Hotel June 2017

8:00-9:00 (60 minutes)	Open Cadavers	Brent d'Arc, MD Pat Walsh, MED, ATC John Caranci
9:00-9:10 (10 minutes)	Welcome	Jim Clover, MED, ATC, PTA, CPT
9:10-9:40 (30 minutes)	What is the New Buzz in Técnica Gavilán	Gary Lang, MS, ATC
9:40-10:10 (30 minutes)	Mental health and the athlete	Toni Jauregui, MS
10:10-10:40 (30 minutes)	Looking for Zebras (Case Study of OS Acromiale in a softball Pitcher)	Mark Espoinosa, MS, ATC <i>University of California, Riverside</i>
10:40-11:10 (30 minutes)	Cross over Effect	Charles Ramos, MS, ATC, CSCS <i>California Baptist University</i>
11:10-11:20 (10 minutes)	BREAK	
11:20-12:00 (40 minutes)	Interprofessional Education Initiative (Team-based care)	Chris Ingersoll, PhD, ATC University of Toledo dean of the college of Health & Human Services
12:00-1:00 (60 minutes)	LUNCH ON YOUR OWN	Visit Exhibits
1:00-1:50 (50 minutes)	The importance of and how to correctly strengthen the Head & Neck as a way of mitigating Spinal Cord and Traumatic Brain Injury.	Mark Asanovich <i>Strength Coach</i>
1:50-2:30 (40 minutes)	Common sports shoulder injuries	Sydney Pardino, MD Orthopedics and Neurosciences at Desert Regional Medical Center
2:30-3:30 (60 minutes)	Regional Interdependence: A Diagnostic and Treatment Approach	<i>Ethan Kreiswirth, PhD, ATC</i>
3:30-4:00 (30 minutes)	EMR REPORTING: SHOWING ALL THAT YOU DO	<i>Rich Potash</i>
4:00-4:40 (40 minutes)	Evaluation and Treatment Techniques for the Athletic Knee	Weston Smith, PT, DPT, OCS <i>Director of Physical Therapy Services at Rancho PT</i>
4:40- 5:10 (30 minutes)	It Takes a Village to Treat a Professional Athlete	Marcos Nunez, MS, ATC Head Athletic Trainer, Los Angeles Lakers
5:10 – 5:50 (40 minutes)	The Fundamentals to Fueling Athletes: Basic nutrition strategies that support and improve performance	Jenevieve Roper, Ph.D, CSCS, CISSN Assistant Professor of Kinesiology Department of Kinesiology California State University, San Bernardino
12:00-6:00	*Instrumented Soft Tissue Mobilization Certification	Gary Lang, MS, ATC
3:35-5:30	*Basic Life Support For Professionals	Jim Clover, MED, ATC, PTA, CPT Tim Waldron, BA

**Instrumented Soft Tissue Mobilization Certification and Basic Life Support for Professionals require additional fees.*

Saturday

Breakfast on your Own

7:00-8:00 (60 minutes)	Open Cadavers	Keola Chun, MD & Brent d'Arc, MD Pat Walsh, MED, ATC John Caranci
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8:00: 8:10 (10 minutes)	Welcome	Jim Clover, MED, ATC, PTA, CPT
8:10-8:30 (20 minutes)	A Friday Night in October 2015, how it change my life and yours	Josh Nava Football Athlete, Riverside Poly Jim Clover, MED, ATC, PTA
8:30-9:10 (40 minutes)	The State of concussion research: What do we know and where are the gaps?	Katie Taylor, MS, ScD Doctoral Student, Department of Environmental Health, Harvard School of Public Health
9:10-10:40 (35 minutes)	Decrypting injury epidemiology: Relating science to clinical practice.	Zack Kerr University of North Carolina at Chapel Hill "Department of Exercise and Sport Science"
10:00 – 10: 30 (30 minutes)	BREAK	Visit Exhibits
10:30-11:10 (40 minutes)	Academic Variations in Concussion Management and Legislation	Robert Gray, MS, ATC <i>Coordinator of Athletic Training, Community Affairs Cleveland Clinic Sports Health & Cleveland Clinic Concussion Center</i>
11:10-11:55 (45 minutes)	How to relocate Efficiently	Jeff Konin, Ph.D., PT, ATC, FACSM, FNATA University of Rhode Island Professor and Chair Physical Therapy Department
11:55-12:45 (50 minutes)	Making Youth Sports Safe for Youth	Tom Farrey ESPN
12:45-1:50 (65 minutes)	LUNCH ON YOUR OWN	Visit Exhibits
1:50-2:30 (40 minutes)	Biologic Applications to Sports Medicine A2M, PRP, STEM Cell	Keith Feder, MD West Coast Center for Orthopedic Surgery and Sports Medicine
2:30-3:15 (45 minutes)	Lateral Ankle Sprains	Carol Frey, MD <i>West Coast Center for Orthopedic Surgery and Sports Medicine</i>
3:15-4:00 (45 minutes)	Managing Faulty Foot Mechanics	William Prentice, PhD, ATC, FNATA <i>University of North Carolina at Chapel Hill "Department of Exercise and Sport Science"</i>
4:00 – 4:30 (30 Minutes)	Groin Pain: Differential Diagnoses	Adam C. Cady MHS, ATC, CSCS, PA-C Kerlan-Jobe Orthopaedic Clinic
6:30-8:00	*Chairman's Reception* Open to all Attendees	



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Sunday

Breakfast on your Own

7:00-8:00 (60 minutes)	Open Cadavers	Keola Chun, MD Pat Walsh, MED, ATC John Caranci
7:50-8:00 (10 minutes)	Welcome	Jim Clover, MED, ATC, PTA, CPT
8:00-8:45 (45 minutes)	Lower Extremity Functional Training: From Rehab to Reconditioning	Adam Stewart, ATC, DPT The Ohio State University
8:45-9:30 (45 minutes)	Foundational Concepts in Dry Needling	Nick Valencia, PT, DPT, OCS
9:30-10:15 (45 minutes)	Trends in Recovery Science	Alan Russell, MS, ATC, PES, CES <i>Director of Training & Development at Fusionetics</i>
10:15- 10:35 (20 Minutes)	BREAK	Visit Exhibits
10:35-11:05 (30 minutes)	Baseline Balance Assessments for Concussions	<i>Nicole Dabbs, PHD Cal State San Bernardino</i>
11:15-12:00 (45 minutes)	Evaluation and Treatment Techniques for the Athletic Knee	<i>Weston Smith, PT, DPT, OCS Director of Physical Therapy Services at Rancho PT</i>
12:00-12:40 (40 minutes) Concurrent Section	Concussions today and in the future Problems and solutions	<i>Todd Babcock, MS, ATC, Jill Sleight, ATC, Michelle MEd, ATC, Jim Clover, MEd, ATC, PTA</i>
12:00-1:00 (60 minutes) Concurrent Section	Cadaver Specimen Plus Evaluations	Dr. Chun, Dr. d'Arc