



Practical Applications – Friday 2017

8:00-9:00 (60 minutes)	Open Cadavers	Brent d’Arc, MD Pat Walsh, MED, ATC John Caranci
9:00-9:10 (10 minutes)	Welcome	Jim Clover, MED, ATC, PTA, CPT
9:10-9:45 (35 minutes)	Lactic acid and recovery techniques	Lanae Gayle, ATC <i>Athletic Trainer, California Baptist University</i>
9:45-10:20 (35 minutes)	What works when dealing with Anxiety and Depression and the Student Athlete	Toni Jauregui, MS <i>Counseling Services</i> <i>Adjunct Faculty at CBU</i>
10:20 -10:55 (35 minutes)	Tips for navigating the health insurance maze	Michele Vasquez, M.ED. ATC <i>Athletic Trainer, California Baptist University</i>
10:55 – 11:15 (20 minutes)	BREAK	
10:15 -11:45 (30 minutes)	Hit this not this	Jim Clover, MED, ATC, PTA <i>Riverside Medical Clinic “Sports Clinic”</i> <i>California State University, San Bernardino</i>
11:45-12:20 (35 minutes)	Protocol Activation; idealism vs. realism	Todd Babcock, MS, ATC <i>Athletic Trainer, Riverside City College</i>
12:20-1:30 (70 minutes)	LUNCH ON YOUR OWN – Visit Exhibits	
1:30-2:30 (60 minutes)	Bridging the Gap from Rehab to Performance	Sue Falsone, PT, MS, SCS, ATC, CSCS, COMT, RYT® <i>Structure & Functions Education</i>
2:30-3:05 (35 minutes)	Rehab myths – “ I learned about this on Instagram”	Sarah Pfau, MS, ATC, LAT, CSCS <i>Kinetic Sports Rehab And Lanae Gayle</i>
3:05-3:40 (35 minutes)	Yoga Therapy: Teaching New Dogs Old Tricks	Amy Wheeler, Ph.D. <i>California State University of San Bernardino</i>
3:40 - 4:15 (35 minutes)	This stuff is Amazing	Marco Nunez, MS, ATC <i>Head Athletic Trainer, Los Angeles Lakers</i>
4:15 – 3:55 (40 minutes)	Talking to Yourself: How to teach best nutrition practices to athletes who don't listen	Jenevieve Roper, Ph.D, CSCS, CISSN, SFN <i>Assistant Professor of Health and Human Sciences Department of Health and Human Sciences Loyola Marymount University</i>
3:55 – 4:25 (30 minutes)	Using an EMR System to Find What Works and What Doesn’t	Rich Potash, CEO CSMi
4:25 - 5:05 (40 minutes)	Evaluation and Treatment Techniques for the Athletic Knee	Weston Smith, PT, DPT, OCS <i>Director of Physical Therapy Services at Rancho PT</i>
4:00 - 5:30	*Basic Life Support For Professionals	Jim Clover, MED, ATC, PTA, CPT Tim Waldron, BA